

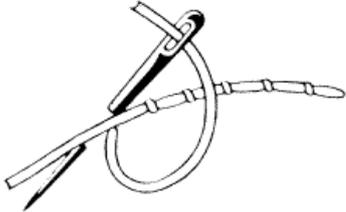
## Posy Pocket Hanger Addendum

### How to Make Braided Embroidery (as shown on pattern cover)

1. Cut 18 strands of Cotton Mako' 12 x 20" long.
2. Thread as many strands as you can on to the needle and stitch from the back to pull the thread to the front at the starting point. Repeat until all 18 strands are in position.
3. Separate the strands into 3 groups of 6 and plait together
4. Couch the braid into place along the stitching lines

#### How to Couch:

Traditionally, this means catching a thread down by stitching over the top.



However, for our purpose we want to catch the braid down along the edge so that the stitching doesn't interfere with plaited surface.



### How to Make Stems with Ric Rac

1. Position Ric Rac over the stem placement lines
2. Couch into place using a straight stitch placed diagonally across the curves.



## How to Make a Twisted Cord Handle:

1. Cut 6 strands of Cotton Mako' 12 x 4 to 5 ½ times the desired finished length of the cord (Starting length depends upon the desired density of the cord eg: 5 ½ times makes a tighter twist than 4 times)
2. Place the strands together and fold in half, lengthwise, to create a loop at one end.
3. Place the loop over a fixed anchor point, eg: a hook on a wall, and knot the 12 strands together at the other end.
4. Insert a pencil in the resulting loop, at the knotted end.
5. Hold the strands close to the pencil, at a firm extended tension, and start turning the pencil in a clockwise direction.
6. Continue until you are happy with the amount of twist in the strands. (Test by releasing the tension slightly, if it starts twisting back on itself it will make a softly twisted cord)
7. Remove the cord from the hook, but hold it firm and gradually allow the twists to settle together, smoothing into place with your hands if necessary
8. Knot the resulting cord at each end to keep the tension on the twist



### Hints:

#### To make a Multi-Colour Cord:

Cut 2 strands of each colour & position them together as you build up the strands.

#### Using a drill to twist the cord:

If you are making a long cord a hand drill can be used to twist the strands.

Only use a power drill if it has a slow speed.

Additional References:

<http://www.slideshare.net/kootoyoo/how-to-make-twisted-cord-presentation>

<http://www.youtube.com/watch?v=fftJO-p6xm0>

## How to Make Prairie Points

Prairie Points are triangles folded from squares of fabric. They are traditionally used to decorate an edge but can be appliqued down to decorate a block

### Prairie Points for Posy Pocket

Make 3 points  
Cut 2" squares



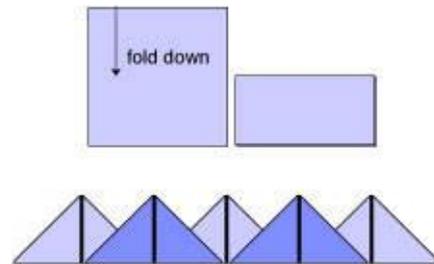
See General instructions to right.

### To Calculate the size of the fabric square:

1. Measure the desired height at the finished point of the triangle
2. Multiply this measurement x 2
3. Add  $\frac{1}{2}$ " to Height & width of square

### How to Fold Prairie Points

1. Fold the square in half to make a rectangle, wrong sides together.
2. With the folded edge to the top, find the centre point.
3. Fold one half of the folded edge in towards the centre of the rectangle.
4. Repeat with the other half to create a triangle with both folded edges meeting in the centre and all raw edges meeting along the long edge of the original rectangle.
5. Press the folds lightly to keep in place.



### How to Attach Points to an Edge

1. Position the pieces evenly along the edge so that they overlap and the points face in towards the body of the project.
2. If the folded centre is placed face down it will fold out to the right side when stitched & turned out.
3. If the flat side is the desired finish, face this down to the body at step 1.
4. Be consistent with the placement, which ever position is chosen.

Additional Reference:

[http://www.mccallsquilting.com/mccallsquilting/articles/prairie\\_points\\_edging](http://www.mccallsquilting.com/mccallsquilting/articles/prairie_points_edging)